

7-week, low-fee Somatic Ketamine Assisted Psychotherapy BIPOC Group

led by Camila Pastor, LCSW and Erica Sandoval, LCSW.

Our 7-week program is designed to increase psychological flexibility by taking you out of your habitual ways of thinking & being and allowing you to have a new experience of yourself, with others and the world. KAP will be supported by mindfulness, parts work, trauma & attachment oriented, psychodynamic therapy, use of somatic experiencing, art, poetry, and other exercises or prompts that build trust and connection.

Program Schedule

Week 1 Monday, June 3rd from 7-8.30pm online preparation

Week 2 Monday, June 10th from 7-8.30pm online preparation

Week 3 Monday, June 17th from 7-8.30pm online preparation

Week 4 Monday, June 24th from 5-8pm in-person KAP

Week 4 Tuesday, June 25th from 7-8:30pm online integration

Week 5 Monday, July 1st from 5-8pm in-person KAP

Week 5 Tuesday, July 2nd from 7-8:30pm online integration

Week 6 Monday, July 8th from 5-8pm in-person KAP

Week 6 Tuesday, July 9th from 7-8:30pm online integration

Week 7 Monday, August 5th from 7-8:30pm online follow up

One individual intake zoom therapy session (60 minutes) will be scheduled according to each person's schedule.

Cost: \$1,400* (\$70/hour) per person

*Plus \$250 for medical evaluation and Ketamine paid directly to the medical provider.

The program is facilitated in a small group of up to 7 people to ensure an intimate and secure experience.

Includes 20 hours of therapy: Three 3-hours dosing sessions, 5 hours of preparation and 6 hours of integration.

Application & Cancellations

We can accept applications until May 30th to ensure you will be able to receive your Ketamine in time for the beginning of the dosing portion of the program.

50% payment (\$700) due after medical referral.

Remaining balance (\$700) due before first preparation session.

50% refund for cancellations **before May 27th, 2024.**

50% credit for cancellations **after May 27th, 2024, and before June 1st, 2024.**

No refund or credit for cancellations after June 2nd, 2024.

Missed sessions cannot be made up or refunded.

Location: 30 East 20th Street New York, NY 10003

Click [HERE](#) for Steps to Join

Or Make a [15-Minute Consultation](#) to see if this group is a good fit for you.

or email cp@camilapastor.com